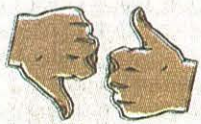


## The Fine Print



Come on get your whuppin'

Winners never quit, quitters never win. And sometimes those who don't quit get beaten like rented mules.

A couple of stories crossed the Fine Print desk this week that started us thinking about quitters and those who don't know when to quit.

One was the story of the St. Bonaventure men's basketball team that decided to end its season two games early after the school was busted for using an ineligible player, forced to forfeit some victories and banned from the conference tourney.

As we write this, there is still some dispute over who was behind the team taking their ball and going home — some blame the players, others blame school administrators.

Either way, it's a bad precedent and another example of poor sportsmanship.

In a different story from Tuesday's New York Times, a story about the spread of athletic routs — where one team beats the other by a wide, wide margin — outlined the problem and the steps some districts around the country are taking to combat it. Things including continuously running clocks in blowout basketball games and the so-called "mercy rule" that shows up in youth league games.

At this point, you might think we'd support such measures. For youth leagues, yes; but not for interscholastic competition. Girls' basketball scores like 77-17 and 115-2 are ridiculous, but maybe they mean you need to re-evaluate your schedule. There are times when athletic directors may want to gauge their program against the competition. At other times, it's good to take a moment for a reality check.

### Cookie monsters

Sources tell us that March is the month when people traditionally give up on the gym thing and turn to diets to lose weight. Ironically, our local Girl Scout parent showed up at our office this week looking for tribute for the Samoas and Thin Mints we ordered a while back.

We guess the diet starts next week. Thanks, Girl Scouts.

### Oops!

Last week, we made a mistake in our memo to Norah Jones. In the article, we said Nelly

# Drawing to a close

## Art therapy offers a creative alternative to traditional counseling

By KIM W. SCHUMER  
Dispatch/Sunday News

A thousand words could not even begin to capture the stories in these pictures. In one hovers a weeping angel drawn so faint, the pencil lines are barely discernible against the white paper. A ghostly gray couple clutches a heart. Anguished red rips tear through the heart, through the figures. The sentiment written with the force of a whisper: "Death is quiet."

Another boasts an imposing robot commanding the entire surface of the paper it's on, heavy arms and legs like I-beams swinging from its solid-block body. The primary colors are so heavy, you can see where the crayons snapped under the pressure. From the robot's great, square head, red spews in all directions.

And, in a third, grows a tree in beautiful autumnal golds, reds,



Above right is an artistic expression by a client who is suffering from a painful illness. The dragon picture was drawn by a victim of bullying.

browns. Its leaves slip and sway earthward to join the gentle drifts piled along the roots.

Peaceful. Pastoral, even. Until you notice that each place where a leaf dropped from a limb drips something that looks ominously like blood.

Beautiful imagery terrible to behold.

Karen Stabley is an art therapist. She has spent the past 14 years scrutinizing pictures an untrained eye can't bring itself to focus on. Into the welcoming confines of her East Market Street office venture people in turmoil. There is something wrong in their lives they cannot put right again on their own. They cannot even give voice to their problems.

"Verbal therapy works for people who can open up," Stabley explained. "Art therapy is good for people who can't express themselves that way. They are not sure why, they just know they are unhappy."

Sometimes, her clients find her on their own. They are restless, unhappy, unable to pinpoint the cause of their distress. They see her

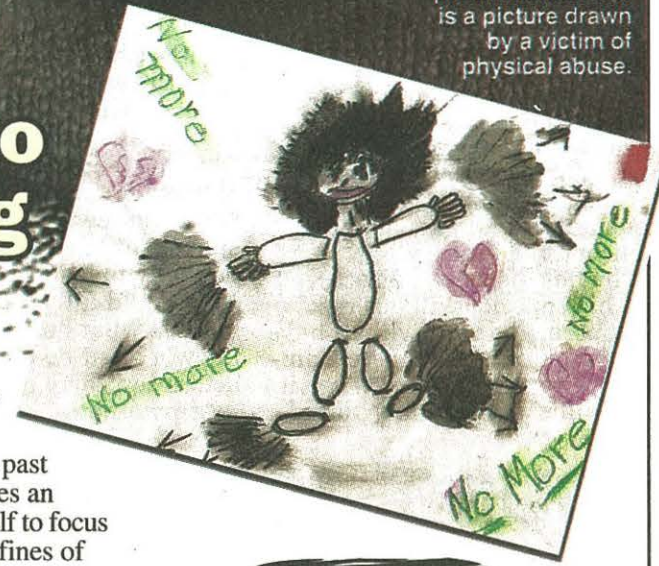
brochure, her listing in the telephone book. They call. She listens without asking them to talk through their issues.

Or maybe a psychiatrist or psychologist, a fellow professional, will call her. Seek her help with a client who progressed in traditional therapy only so far before hitting an emotional wall.

"They will call me and say they have a client who is at a place where they are stuck and can't move on to the next place," Stabley said. "They'll ask, 'Is there something there? Would you work with my client for a few sessions, see if that unlocks something?'"

"Art therapy is another angle from which to look at the issue."

Art Therapist Karen Stabley of York demonstrates the motion of a paintbrush. Below is a picture drawn by a victim of physical abuse.



## Yorker's career may get hitch to a Gold Trailer

Shane Free nominated for 'Greek Wedding' movie preview

By KIM W. SCHUMER  
Dispatch/Sunday News

Shane Free went to Los Angeles starry-eyed with typical Hollywood dreams: Celebrity, wealth, a star on the Hollywood Walk of Fame, a trailer made of gold.

Well, a golden trailer wasn't exactly what the 26-year-old Shiloh native imagined would be waiting at the end of his film-world rainbow — but when he received word he may be getting two of them this month, he was elated.

"We don't get much credit said, speaking for editors and trailers. Free works for the Angeles company, Hammer which makes trailers for la studios.

"We don't get a credit li trailer itself, obviously, or the movie. But making mov is an art within itself. We a responsible for filling a lot seats."

The Golden Trailer Awards created to recognize the w goes into creating the mini-advertise upcoming films. industry insiders know the Trailer Awards are the equ the Oscars to folks who wo the movie scenes. The 4-ye award show already has en cachet to draw big names; Dennis Miller will serve as for the presentations Thurs Orpheum Theater in Los A

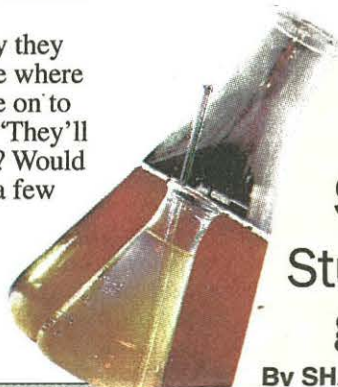
Earlier this year, a co-w Free's popped his head in Fr to tell him Hammer Films nominated for four awards the nominees were for Free for the romantic comedy, "Fat Greek Wedding." His v nominated for Best Roman and Best Independent Film

These nominations are latest for the sleeper hit w

## Tea is becoming steeped in science

Studies show the brew is good for what ails us

By SHARI ROAN



See SF

See ART/F3